



School of Human Movement & Nutrition Sciences (HMNS)

Congratulations on being offered a place in the Bachelor of Exercise & Nutrition Sciences (BENS) program and welcome to the [School of Human Movement & Nutrition Sciences](#) (HMNS)! We hope you can take up the offer to study with us and have provided the following information to assist you in the enrolment process for 2021.

New Students Orientation Sessions – Tuesday 16 February 2021

- Learn about your program and the School!
- Meet the Head of School, Program Convenors, members of the HMNS Student Society and your fellow students!
- Have a great time and start the year on a high note!

Event: BENS Program Information Session
Time: 10.00am – 11.30am
Venue: Please refer to [Orientation website](#) for location details

Event: Lunch hosted by HMNS Student Society
Time: 11.30am – 12.30pm
Venue: Human Movement Studies Building (#26B), Level 1 Entrance, Blair Drive

Where is HMNS located?

The Human Movement Studies Building (#26B), located on Blair Drive, UQ St Lucia (across the road from the tennis courts and swimming pool!). You'll find your super helpful HMNS Student Administration team at Reception on level 2. Download [UQnav](#) (available free as App or Android)

What does a first year BENS student enrol in?

Semester 1

BIOM1050 Biology for Health Sciences
BIOL1900 Biophysical Dev, Measurement & Assess.
NUTR1023 Health & Fitness Through Diet & Exercise
[CHEM1090 Intro Chemistry (*if you did not successfully complete Yr 12 Chemistry*).

or

[CHEM1100 Chemistry 1 (*if you did successfully complete Yr 12 Chemistry*).

Semester 2

ANAT1005 Anatomical Basis of Human Movement
BIOL1630 Biomechanics
HLTH1000 Professions, People and Healthcare
[CHEM1200 Chemistry 2
or
[CHEM1221 General, Organic & Biological Chemistry

How do I enrol and organise my timetable?

To enrol in courses, you'll use a system called mySI-net, which is the control centre for student administration. Once you've enrolled, you'll use a system called My Timetable. Through My Timetable you can register your preferred class times and then swap classes if you need to.

You can access both mySI-net and My Timetable from the [my.UQ Dashboard](#), your personalised portal to UQ systems and notifications.

Need an answer to a question?

You may find the following links as a good starting point. If not, stop by the School and talk to a member of our student admin team!

[Orientation Website](#)

[My.UQ](#)

[School of Human Movement & Nutrition Sciences](#)

[HMNS Student Guide](#)