



## School of Human Movement & Nutrition Sciences (HMNS)

**Congratulations** on being offered a place in the Bachelor of Exercise & Sports Sciences (Honours) (BExSS (Hons)) program and welcome to the [School of Human Movement & Nutrition Sciences](#) (HMNS)! We hope you can take up the offer to study with us and have provided the following information to assist you in the enrolment process for 2021.

### New Students Orientation Sessions – Tuesday 16 February 2021

- Learn about your program and the School!
- Meet the Head of School, Program Convenors, members of the HMNS Student Society and your fellow students!
- Have a great time and start the year on a high note!

**Event:** BExSS (Hons) Program Information Session  
**Time:** 10.00am – 11.30am  
**Venue:** Please refer to [Orientation website](#) for location details

**Event:** BBQ Lunch hosted by HMNS Student Society  
**Time:** 11.30am – 12.30pm  
**Venue:** Human Movement Studies Building (#26B), Level 1 Entrance, Blair Drive

### Where is HMNS located?

The Human Movement Studies Building (#26B), located on Blair Drive, UQ St Lucia (across the road from the tennis courts and swimming pool!). You'll find your super helpful HMNS Student Administration team at Reception on level 2. Download [UQnav](#) (available free as App or Android)

### What does a first year BExSS (Hons) student enrol in?

#### Semester 1

BIOM1050	Biology for Health Sciences
BIOL1900	Biophysical Dev, Measurement & Assess.
NUTR1023	Health & Fitness Through Diet & Exercise
SPCG1000	Sport Coaching: Learning, Talent & Perf.

#### Semester 2

ANAT1005	Anatomical Basis of Human Movement
BIOL1630	Biomechanics
HLTH1000	Professions, People and Healthcare
PHYL1007	Physiology for Human Movement Studies

### How do I enrol and organise my timetable?

To enrol in courses, you'll use a system called mySI-net, which is the control centre for student administration. Once you've enrolled, you'll use a system called My Timetable. Through My Timetable you can register your preferred class times and then swap classes if you need to.

You can access both mySI-net and My Timetable from the [my.UQ Dashboard](#), your personalised portal to UQ systems and notifications.

### Need an answer to a question?

You may find the following links as a good starting point. If not, stop by the School and talk to a member of our student admin team!

[Orientation Website](#)

[My.UQ](#)

[School of Human Movement & Nutrition Sciences](#)

[HMNS Student Guide](#)