Exercise and Sport Sciences



ACCREDITED EXERCISE SCIENTISTS & ACCREDITED SPORTS SCIENTISTS



Prescribe and deliver exercise and physical activity programs for health and wellbeing



Design, implement and evaluate evidence-based services for athletes and sporting teams to improve performance



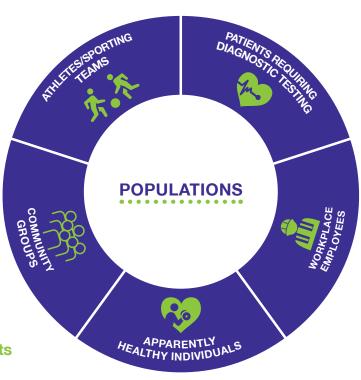
Deliver workplace health promotion and executive health management



Conduct diagnostic measurements (cardiac, sleep, respiratory and neurophysiology disciplines)



Are accredited by Exercise and Sports Science Australia (ESSA)



SCOPE OF PRACTICE

DIAGNOSED PATHOLOGY OR INJURY

HIGH RISK OF PATHOLOGY OR INJURY

LOW RISK OF PATHOLOGY OR INJURY

APPARENTLY HEALTHY

RECREATIONALLY ACTIVE

SEMI-PROFESSIONAL/ DEVELOPMENTAL ATHLETE

PROFESSIONAL/ ELITE ATHLETE

EXERCISE SCIENCE

CLINICAL EXERCISE PHYSIOLOGY

SPORTS SCIENCE

PROFESSIONAL PRACTICUM EXPERIENCES



APPARENTLY HEALTHY = 20⁺ HRS

PAEDIATRIC/ APPARENTLY HEALTHY = 140+HRS EXERCISE AND SPORTS SCIENCE = 400+ HRS (VARIED LOW RISK POPULATIONS)

YEAR 3 **SEMESTER 1**

YEAR 3 **SEMESTER 2**

YEAR 4 SUMMER, SEMESTER 1 OR 2

EMPLOYMENT SETTINGS



CORPORATE

WORKPLACES





FITNESS

CENTERS



DEPARTMENTS