



School of Human Movement & Nutrition Sciences (HMNS)

Congratulations on being offered a place in the **Bachelor of Exercise and Sport Sciences (Honours) (BExSS (Hons))** program and welcome to the [School of Human Movement & Nutrition Sciences](#) (HMNS)! We look forward to meeting you on Orientation Day.

If you have any questions prior to this, contact our Student Admin Team hmns@enquire.uq.edu.au

New Students Program Orientation Session – Monday 16 February 2026

We have several sessions planned for you to ensure we get you comfortable and familiar with tertiary life for the start of the semester. Our first event will commence at 9am where we will take you through a general information session, applicable to all students studying within HMNS. Following this, you will switch location and head into a Program specific session. Finally, join us for lunch and get to know your fellow students and other members of the school.

All of School

9.00am – 10.00am

Learning Theatre Room 101, Abel Smith Building (#23)

Program Session

10.00am – 12.00pm

Room S402, Social Sciences Building (#24)

All of School Lunch

12.00pm – 1.00pm

Level 1, Human Movement Studies Building (#26B)

Please RSVP by 30 January 2026

<https://survey.app.uq.edu.au/Orientation-HMNS-2026>

PLEASE USE MICROSOFT EDGE OR FIREFOX TO COMPLETE.

Finding your way

Find everything you need on campus using the UQ Maps app. Use the indoor and outdoor maps or try wayfinding to navigate directly to your next class, meal or study spot. Use live information to find parking spaces or see how busy the library is or follow the well-lit paths to travel safely at night. Download [UQ Maps](#)

What else is on?

You might also be interested in attending the [Faculty of Health, Medicine and Behavioural Sciences \(HMBS\) Orientation on Friday 20 February!](#) This session will provide you with an overview including where the School of Human Movement and Nutrition Sciences fits within the Faculty and UQ overall. It is also a great opportunity to meet like-minded students from Health, Medicine and Behavioural Sciences and understand how the faculty can support you in your journey.

For more information on the Faculty, visit [Faculty of Health, Medicine and Behavioural Sciences - University of Queensland \(uq.edu.au\)](#)

Have a question?

You may find the following links as a good starting point.

[School of Human Movement & Nutrition Sciences](#)

[My.UQ](#)