

UQ Summer Research Project Description - 2026

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| Project title: | Physical activity of Australian children and young people before and after school |
| Hours of engagement & delivery mode | 25-30 hours per week for the six weeks of the program – hybrid mode (on campus / St Lucia and remotely) |
| Description: | Despite the multiple health and other benefits associated with physical activity, most Australian children and people do not meet the national physical activity guidelines. This project aims to better understand how active children and young people are in different contexts before and after school and how to support their engagement in physical activity during these segments more effectively. |
| Expected learning outcomes and deliverables: | The selected applicant will gain skills associated with conducting literature searches, managing and presenting quantitative and/or qualitative data. The scholar may be asked to work towards a presentation or report at the end of their project, and they may also have the opportunity to work towards a paper for publication with the supervisors. |
| Suitable for: | This project would be suitable for students enrolled in second year or beyond with a background and/or interest in physical activity for children and young people. |
| Primary Supervisor: | Dr Michalis Stylianou |
| Further info: | Interested students are encouraged to contact the primary supervisor at m.stylianou@uq.edu.au prior to submitting an application. |