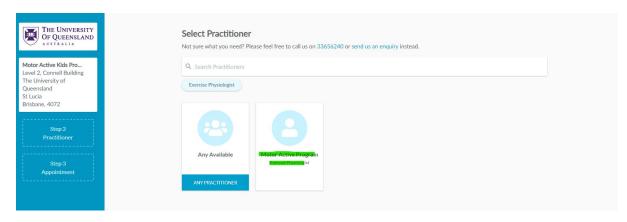
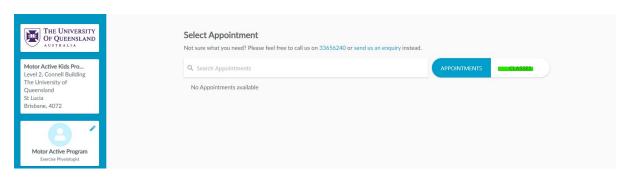
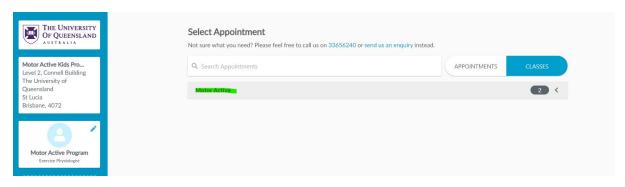
Step 1: Select practitioner "Motor Active Program (Exercise Physiologist)"



Step 2: Select Appointment type to "Classes"

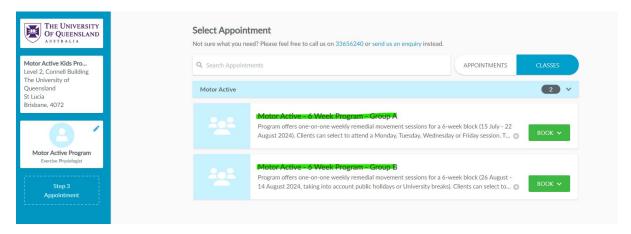


Step 3: Select "Motor Active"



Step 4: Decide which program offering you would prefer and select "Book":

- Group A runs from 15 July 22 August
- Group B runs from 26 August 14 October (considering public holidays or University breaks)

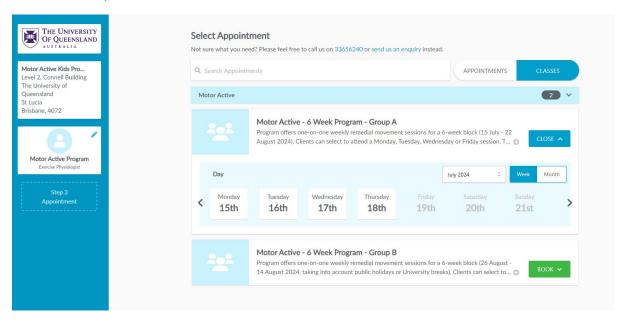


Step 5: If you selected Group A, navigate to week commencing 15 July, and select your class preference. I.e.

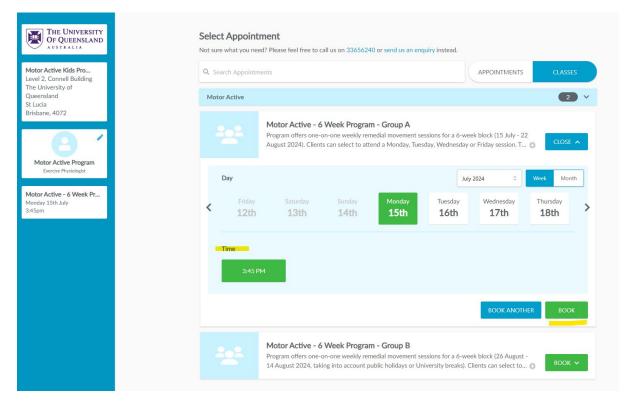
- Mondays 3.45 4.45
- Tuesdays 3.45 4.45
- Wednesdays 3.45 4.45
- Thursdays 3.45 4.45

If you selected Group B, navigate to week commencing 26 August, and select your class preference. I.e.

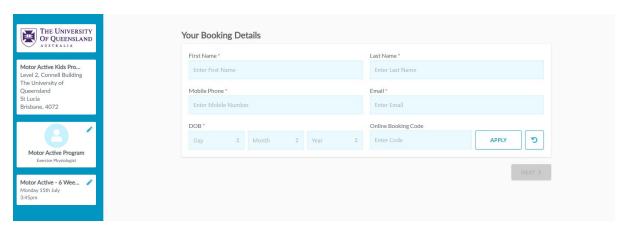
- Mondays 3.45 4.45
- Tuesdays 3.45 4.45
- Wednesdays 3.45 4.45
- Thursdays 3.45 4.45



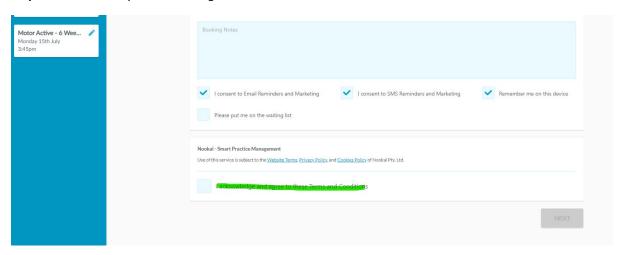
Step 6: Select the commencement time, i,e, 3.45, and click the "Book" button



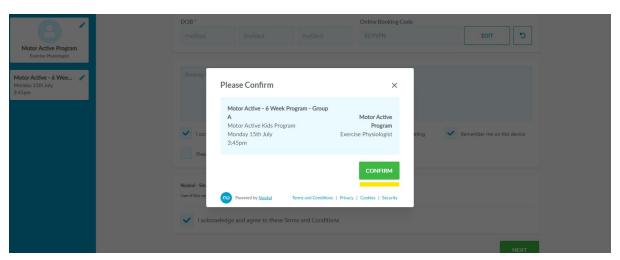
Step 7: Enter your details and click "Next" button



Step 8: Confirm that you acknowledge the Terms and Conditions.



Step 9: Confirm your booking



Once you have finalised your booking, a member of the team will reach out to you via email to finalise necessary paperwork. If you have any questions, you can contact us via Email: HMNS Motor Active hmns.motoractive@uq.edu.au or Phone: 07 3365 6240.

We look forward to meeting you are your child soon!