2024 Bachelor of Human Movement and Nutrition Sciences Sporting Cultures

YEAR 1		
Semester 2 2024		
HLTH1000	2	Professions, People and Healthcare (Core)
ANAT1005	2	Anatomical Basis of Human Movement (Core)
PSYC2000	2	Psychology of Sport, Physical Activity and Health (Core)
SOCY1030	2	Introduction to Health Illness and Society (Sporting Cultures Major)
Semester 1 2025		
BIOM1050	2	Biology for Human Movement and Nutrition Sciences (Core)
BIOL1900	2	Biophysical Development, Measurement and Assessment (Core)
NUTR1023	2	Health & Fitness Through Diet & Exercise (Core)
CHEM1090 or		Introductory Chemistry (Core) or
CHEM1100 or	2	Chemistry 1 (Core) or
SPCG1000		Sports Coaching: Learning, Talent, and Performance (Core)
YEAR 2		
Semester 2 2025		
NUTR2003 or		Nutrition in the Lifespan
PHYL1007	2	Physiology for Human Movement Studies
		(Core)
HPRM2000	2	Promoting Health through Physical Activity, Exercise and Diet (Core)
SOCY2280	2	Sociology of Sport (Sporting Cultures Major)
HIST3002	2	History of Sprot & Physical Activity in Australian Society (Sporting Cultures Major)
Semester 1 2026		
BIOM2011 or	2	Integrative Cell and Tissue Biology (Core) or
PHYL2730		Exercise Physiology (Core)
NUTR2050 or		Contemporary Topics in Nutrition (Core) or
NUTR2101		Nutrition Science (Core)
HMST1910	2	From Bradman to Freeman: Mythic Qualities of Australian Sport (Core)
SOSC2190	2	Human Bodies, Culture and Society (Sporting Cultures Major)
YEAR 3		
Semester 2 2026	1	
HMST3103	2	Nutrition, Sport and Physical Activity Mgmt – Industry Placement (Core)
HMST3191	2	First Nations Studies (Core)
SPCG4000	2	Sports leadership in Diverse Communities (Sporting Cultures Major)
EDUC3011	2	Youth Sport and Physical Culture (Sporting Cultures Major)
Semester 1 2027		
HMST3846	2	Research Skills (Core)
NUTR3000	2	Nutrition and Exercise (Core)
HIST3003	2	Playing on the Big Stage (Sporting Cultures Major)
HMST3190	2	Sport and Health in Society and Culture (Sporting Cultures Major)
NB: This Study Plan information may be subject to change. Students are advised to contact HMNS		

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This plan is for a typically tracking Bachelor of Human Movement and Nutrition Sciences (Sporting Cultures) student. If you have come into the program with credit or will not be enrolling in the program as per the above Study Plan, please contact HMNS for a modified Study Plan.