

# 2024 Bachelor of Human Movement and Nutrition Sciences

## Nutrition Sciences Major

| YEAR 1                    |   |                                                                                     |
|---------------------------|---|-------------------------------------------------------------------------------------|
| <b>Semester 2 2024</b>    |   |                                                                                     |
| HLTH1000                  | 2 | Professions, People and Healthcare (Core)                                           |
| ANAT1005**                | 2 | Anatomical Basis of Human Movement (Core)                                           |
| PSYC2000                  | 2 | Psychology of Sport, Physical Activity and Health (Core)                            |
| <b>Semester 1 2025</b>    |   |                                                                                     |
| BIOM1050**                | 2 | Biology for Human Movement and Nutrition Sciences (Core)                            |
| BIOL1900                  | 2 | Biophysical Development, Measurement and Assessment (Core)                          |
| NUTR1023                  | 2 | Health & Fitness Through Diet & Exercise (Core)                                     |
| CHEM1090 or<br>CHEM1100** | 2 | Introductory Chemistry (Core) or<br>Chemistry 1 (Core)                              |
| <b>YEAR 2</b>             |   |                                                                                     |
| <b>Semester 2 2025</b>    |   |                                                                                     |
| NUTR2003 or<br>PHYL1007** | 2 | Nutrition in the Lifespan (Core) or<br>Physiology for Human Movement Studies (Core) |
| HPRM2000                  | 2 | Promoting Health through Physical Activity, Exercise and Diet (Core)                |
| CHEM1221**                | 2 | General, Organic & Biological Chemistry (Nutrition Sciences Major)                  |
| <b>Semester 1 2026</b>    |   |                                                                                     |
| BIOM2011 or<br>PHYL2730** | 2 | Integrative Cell and Tissue Biology (Core) or<br>Exercise Physiology (Core)         |
| NUTR2101**                | 2 | Nutrition Science (Core)                                                            |
| HMST1910                  | 2 | From Bradman to Freeman: Mythic Qualities of Australian Sport (Core)                |
| BIOC2000**                | 2 | Biochemistry and Molecular Biology (Nutrition Sciences Major)                       |
| <b>YEAR 3</b>             |   |                                                                                     |
| <b>Semester 2 2026</b>    |   |                                                                                     |
| NUTR3012**                | 2 | Community and Public Health Nutrition (Nutrition Sciences Major)                    |
| NUTR3201**                | 2 | Advanced Nutrition Sciences (Nutrition Sciences Major)                              |
| BIOM2012**                | 2 | Systems Physiology (Nutrition Sciences Major)                                       |
| <b>Semester 1 2027</b>    |   |                                                                                     |
| HMST3846**                | 2 | Research Skills (Core)                                                              |
| NUTR3000                  | 2 | Nutrition and Exercise (Core)                                                       |
| FOOD2000**                | 2 | Food Science (Nutrition Sciences Major)                                             |
| NUTR3011**                | 2 | Understanding Population Nutrition (Nutrition Sciences Major)                       |
| <b>YEAR 4</b>             |   |                                                                                     |
| <b>Semester 2 2027</b>    |   |                                                                                     |
| HMST3103                  | 2 | Nutrition, Sport and Physical Activity Mgmt – Industry Placement (Core)             |
| HMST3191                  | 2 | First Nations Studies (Core)                                                        |
| BIOC3006**                | 2 | Biochemistry of Metabolism in Health and Disease (Nutrition Sciences Major)         |

\*\*Master of Dietetics Studies prerequisites – specific prerequisite courses required for entry to the Master of Dietetics Studies program

**NB:** This Study Plan information may be subject to change. Students are advised to contact HMNS ([hmns@enquire.uq.edu.au](mailto:hmns@enquire.uq.edu.au)) each year to confirm requirements.

This plan is for a typically tracking Bachelor of Human Movement and Nutrition Sciences (Nutrition Sciences) student. If you have come into the program with credit or will not be enrolling in the program as per the above Study Plan, please contact HMNS for a modified Study Plan.