

2024 Bachelor of Human Movement and Nutrition Sciences Sporting Cultures

YEAR 1, 2024		
Semester 1		
BIOM1050	2	Biology for Human Movement and Nutrition Sciences (Core)
BIOL1900	2	Biophysical Development, Measurement and Assessment (Core)
NUTR1023	2	Health & Fitness Through Diet & Exercise (Core)
CHEM1090 or CHEM1100 or SPCG 1000	2	Introductory Chemistry (Core) or Chemistry 1 (Core) or Sports coaching: learning, talent, and performance (Core)
Semester 2		
HLTH1000	2	Professions, People and Healthcare (Core)
ANAT1005	2	Anatomical Basis of Human Movement (Core)
NUTR2003 or PHYL1007	2	Nutrition in the Lifespan (Core) or Physiology for Human Movement Studies (Core)
SOCY1030	2	Introduction to Health Illness and Society (Sporting Cultures Major)
YEAR 2, 2025		
Semester 1		
BIOM2011 or PHYL2730	2	Integrative Cell and Tissue Biology (Core) or Exercise Physiology (Core)
NUTR2050 or NUTR2101	2	Contemporary Topics in Nutrition (Core) or Nutrition Science (Core)
HMST1910	2	From Bradman to Freeman: Mythic Qualities of Australian Sport (Core)
SOSC2190	2	Human Bodies, Culture and Society (Sporting Cultures Major)
Semester 2		
PSYC2000	2	Psychology of Sport, Physical Activity and Health (Core)
HPRM2000	2	Promoting health through physical activity, exercise and diet (Core)
SOCY2280	2	Sociology of Sport (Sporting Cultures Major)
HIST3002	2	History of Sport & Physical Activity in Australian Society (Sporting Cultures Major)
YEAR 3, 2026		
Semester 1		
HMST3846	2	Research Skills (Core)
NUTR3000	2	Nutrition and Exercise (Core)
HIST3003	2	Playing on the Big Stage (Sporting Cultures Major)
HMST3190	2	Sport and Health in Society and Culture (Sporting Cultures Major)
Semester 2		
HMST3103	2	Nutrition, Sport and Physical Activity Mgmt – Industry Placement (Core)
HMST3191	2	First Nations Studies (Core)
SPCG4000	2	Sports leadership in Diverse Communities (Sporting Cultures Major)
EDUC3011	2	Youth Sport and Physical Culture (Sporting Cultures Major)

NB: This Study Plan information may be subject to change. Students are advised to contact HMNS (hmns@enquire.uq.edu.au) each year to confirm requirements.

This plan is for a typically tracking Bachelor of Human Movement and Nutrition Sciences (Sporting Cultures) student. If you have come into the program with credit or will not be enrolling in the program as per the above Study Plan, please contact HMNS for a modified Study Plan.