

2024 Bachelor of Human Movement and Nutrition Sciences Sports Coaching

YEAR 1, 2024		
Semester 1		
BIOM1050	2	Biology for Human Movement and Nutrition Sciences (Core)
BIOL1900	2	Biophysical Development, Measurement and Assessment (Core)
NUTR1023	2	Health & Fitness Through Diet & Exercise (Core)
CHEM1090 or CHEM1100 or SPCG1000	2	Introductory Chemistry (Core) or Chemistry 1 (Core) or Sports coaching: learning, talent, and performance (core)
Semester 2		
HLTH1000	2	Professions, People and Healthcare (Core)
ANAT1005	2	Anatomical Basis of Human Movement (Core)
NUTR2003 or PHYL1007	2	Nutrition in the Lifespan (Core) or Physiology for Human Movement Studies (Core)
BIOL1630	2	Biomechanics (Sports Coaching Major)
YEAR 2, 2025		
Semester 1		
BIOM2011 or PHYL2730	2	Integrative Cell and Tissue Biology (Core) or Exercise Physiology (Core)
NUTR2050 or NUTR2101	2	Contemporary Topics in Nutrition (Core) or Nutrition Science (Core)
HMST1910	2	From Bradman to Freeman: Mythic Qualities of Australian Sport (Core)
EDUC2003	2	Teaching Games and Sport (Sports Coaching Major)
Semester 2		
PSYC2000	2	Psychology of Sport, Physical Activity and Health (Core)
HPRM2000	2	Promoting health through physical activity, exercise and diet (Core)
SPCG3343	2	Developing the Elite Athlete (Sports Coaching Major)
NEUR2530	2	Motor Control and Learning (Sports Coaching Major)
YEAR 3, 2026		
Semester 1		
HMST3846	2	Research Skills (Core)
NUTR3000	2	Nutrition and Exercise (Core)
HMST3000	2	Sports Technology, Analytics and Entrepreneurship (Sports Coaching Major)
SPCG3027	2	Quality Coaching: Understanding, Informing and Advancing Practice (Sports Coaching Major)
Semester 2		
HMST3103	2	Nutrition, Sport and Physical Activity Mgmt – Industry Placement (Core)
HMST3191	2	First Nations Studies (Core)
SPCG4000	2	Sports Leadership in Diverse Communities (Sports Coaching Major)
PSYC3000	2	Applied Sport Psychology (Sports Coaching Major)

NB: This Study Plan information may be subject to change. Students are advised to contact HMNS (hmns@enquire.uq.edu.au) each year to confirm requirements.

This plan is for a typically tracking Bachelor of Human Movement and Nutrition Sciences (Sports Coaching) student. If you have come into the program with credit or will not be enrolling in the program as per the above Study Plan, please contact HMNS for a modified Study Plan.