

# 2024 Bachelor of Human Movement and Nutrition Sciences Undeclared

YEAR 1, 2024		
<b>Semester 1</b>		
BIOM1050	2	Biology for Human Movement and Nutrition Sciences (Core)
BIOL1900	2	Biophysical Development, Measurement and Assessment (Core)
NUTR1023	2	Health & Fitness Through Diet & Exercise (Core)
CHEM1090 or CHEM1100 or SPCG1000	2	Introductory Chemistry (Core) or Chemistry 1 (Core) Sports coaching: learning, talent, and performance (Core)
<b>Semester 2</b>		
HLTH1000	2	Professions, People and Healthcare (Core)
ANAT1005	2	Anatomical Basis of Human Movement (Core)
NUTR2003 or PHYL1007	2	Nutrition in the Lifespan (Core) or Physiology for Human Movement Studies (Core)
#2 Units	2	Undeclared Major (Course can be 1000/2000/3000/4000 level)
<b>YEAR 2, 2025</b>		
<b>Semester 1</b>		
BIOM2011 or PHYL2730	2	Integrative Cell and Tissue Biology (Core) or Exercise Physiology (Core)
NUTR2050 or NUTR2101	2	Contemporary Topics in Nutrition (Core) Nutrition Science (Core)
HMST1910	2	From Bradman to Freeman: Mythic Qualities of Australian Sport (Core)
#2 Units	2	Undeclared Major (Course can be 1000/2000/3000/4000 level)
<b>Semester 2</b>		
PSYC2000	2	Psychology of Sport, Physical Activity and Health (Core)
HPRM2000	2	Promoting health through physical activity, exercise and diet (Core)
#2 Units	2	Undeclared Major (Course must be 2000/3000/4000 level)
#2 Units	2	Undeclared Major (Course must be 2000/3000/4000 level)
<b>YEAR 3, 2026</b>		
<b>Semester 1</b>		
HMST3846	2	Research Skills (Core)
NUTR3000	2	Nutrition and Exercise (Core)
#2 Units	2	Undeclared Major (Course must be 2000/3000/4000 level)
#2 Units	2	Undeclared Major (Course must be 2000/3000/4000 level)
<b>Semester 2</b>		
HMST3103	2	Nutrition, Sport and Physical Activity Mgmt – Industry Placement (Core)
HMST3191	2	First Nations Studies (Core)
#2 Units	2	Undeclared Major (Course must be 3000/4000 level)
#2 Units	2	Undeclared Major (Course must be 3000/4000 level)

**NB: This Study Plan information may be subject to change. Students are advised to contact HMNS ([hmns@enquire.uq.edu.au](mailto:hmns@enquire.uq.edu.au)) each year to confirm requirements.**

*When choosing your unallocated undeclared major courses, please ensure you are following the BHMNSc course list for the year you commenced in the program.*

**This plan is for a typically tracking Bachelor of Human Movement and Nutrition Sciences (Undeclared) student. If you have come into the program with credit or will not be enrolling in the program as per the above Study Plan, please contact HMNS for a modified Study Plan.**