

## Standard 1 – Professional Practice Competencies

Elements
1. Practice within the ethical boundaries of the sports science profession
2. Practice in accordance with professional practice governance obligations for the profession of sports science
3. Exhibit duty of care and prioritisation of service user interests in the delivery of sports science services
4. Assume responsibility for fitness to practice as a sports scientist
5. Assume responsibility for professional development as a sports scientist

## Standard 2 – Professional Relationships and Behaviours Competencies

Elements
1. Practice sports science in a multi-disciplinary service environment that includes other professionals, support staff, service users, and their relatives and carers (where relevant)
2. Employ appropriate communication techniques in interactions with service users, colleagues and other health professionals
3. Create positive and professional relationships with service users in a sports science environment
4. Create appropriate relationships with relatives and carers (where relevant) of sports science service users
5. Practice as a sports scientist in an inclusive and non-discriminatory manner
6. Enable service users to make informed decisions for the sports science services being provided

## Standard 3 – Planning and Decision Making Competencies

Elements
1. Employ principles for safe and effective practice to enhance performance and reduce risk in a sports setting
2. Analyse the demands of the sport and the capabilities of the athlete
3. Formulate specific development goals for both individuals and groups within a sports setting that one or more subfields of sports science to enhance performance
4. Plan evidence-based interventions to achieve the performance goals of individuals and groups in a sports setting

## Standard 4 – Implementation of Sports Science Services Competencies

Elements
1. Demonstrate best-practice principles and scientific evidence in sports science professional practice
2. Demonstrate teaching safe and effective training techniques to service users in sports setting
3. Assesses safety before, during and after sports setting and formulate responses
4. Evaluate critically, sports science interventions
5. Approaches problem solving in sports science logically and systematically

## Standard 5 – Research Understanding and Implementation Competencies

Elements
1. Select evidence relevant to sports science practice from a range of sources
2. Employ a range of methodologies, tools and techniques relevant to sports science practice
3. Assess critically, gathered sports data to determine its validity
4. Translate research outcomes into recommended sport performance actions and sports science programs

## Standard 6 – Data Handling and Management Competencies

Elements
1. Practises appropriate and best principles in data management
2. Assesses data critically to identify meaningful effects
3. Use data to evaluate and develop programs for service users
4. Translate the outcomes of data analysis into meaningful information for the service user and other relevant stakeholders